



# NYMAN NEWS

Newsletter of Fremont Lutheran Church, a member of Southwest Iowa Ministries

Red Oak, Iowa • [www.swimwebsite.weebly.com](http://www.swimwebsite.weebly.com)

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## VBS is Unleashed

“Give all your worries and care to God, for he cares about you.”

1 Peter 5:7

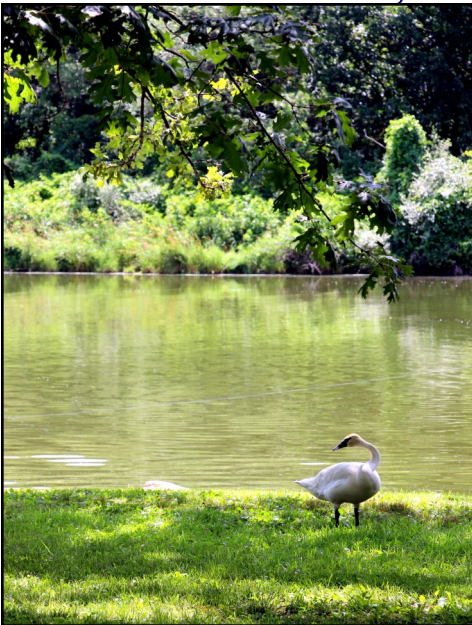
This is the key verse that the Vacation Bible School students focused on. *Pets Unleashed* was the theme of the material. The students had a fun-filled day on Saturday, June 4. The day included Bible adventures, music, playground games, and the students made items for local humane shelters for their Projects with a Purpose.

On Sunday, June 5, the students took over worship by presenting a program and video.

(Continued on page 3)



## Viking Lake Setting for Joint Worship



June 26, with Pastor Ann Albert presiding assisted by Pastor Gordon Scott.

Special music was provided by the Recorder Consort and the Women’s Choir from Bethesda Lutheran. Communion was also celebrated.

A delicious potluck meal and fellowship followed the worship service. This was an inspiring service outside in the beauty of God’s creation.



Viking Lake was the setting for the annual joint worship service for the congregations of Southwest Iowa Ministries. Members worshipped on

### NEW WORSHIP TIME!

Beginning July 5, we will hold worship at 8:30 AM.

St. John’s Lutheran will be at 9:45 AM and Bethesda will move to 11:00 AM. Tabor Lutheran and Strand Lutheran will both remain at 8:15 AM and 9:45 AM respectively. We will worship at this time until July 2, 2017

## Keeping Up With the Olsons

My Nyman family and friends,

God is good, this is most certainly true! I have been in conversation with a three-point shared ministry in Oklahoma for the past several months. They have been without a pastor for nearly three years and, despite having a number of candidates interview with them, they had not found a new pastor that seemed like a good fit for all three congregations. We have had many great conversations about what shared-ministry might look like with the idea of shared ministry not being focused around sharing a pastor for survival but instead on sharing ministry opportunities together. I am pleased to say that in the past few weeks, all three congregations have taken a vote and each has unanimously voted "yes" to call me to their ministries. As I write this letter, boxes are stacked up around the house here in Dubuque as we prepare ourselves for a

new adventure.

My time in SWIM has given me an incredible set of tools that have already helped me give some (hopefully) wise words to these congregations as they look to what the future might hold for them. I can say with certainty that your time with me will help these congregations—thank you so much for all you have done to prepare me! Even though we might not always see it, what we do as church can have an impact in far reaching places.

God's peace to all of you, and feel free to drop me a line some time! Once we have our new address I'll forward it on to you.

Thanks and peace to you,

Peter Olson

*PS. I am still waiting for our official letter of call, but that said we move on June 30th and ordination is set for July 17th at Zion Lutheran Church in Perry, OK.*



## Fremont Continues to Reach Out in Ministry

In June members of SWIM drove to Omaha for their monthly volunteer day. Attending was one from Nyman, one from Essex and four from Strand. If you would like to help in July they will be going up on Saturday, July 9. They meet at the parking lot at the K-Mart in Red Oak at 1:00 PM to carpool to Omaha. Contact Pat Tillman at 379-3395 or email [lpstill@heartland.net](mailto:lpstill@heartland.net) if you would like to carpool on the 9th or for more information.

The quilting group met two times in June and made eight quilts to be donated. You don't need to sew to help with this important ministry. There are jobs for everyone who wants to make a difference. The group enjoys a sack lunch and fellowship as well. The group will meet on the 7th and 28th in July.

Our Prayer Shawl Ministry reaches out with a hug for people not only in difficult times but joyous occasions as well. Donations for supplies are always welcome.



The Page County Fair is coming up the week of July 25th. Natalie and Ella Johnson, daughters of Alicia and Darin Johnson, will take part in the Cupcake auction and the Little Mr./Miss Page competition on Tuesday, the 26th.

Dave and Amy Rydberg report that 1st-year 4-Her Hailey will be showing sheep at the Page County Fair on Thursday, July 28. Dillan, Natalie and Ella will show their Clover Kids bottle calf on Friday, July 29. These three will also have projects in the Clover Kids booth in Wibholm Hall for viewing throughout the week. Hailey's projects will be found in the Fremont Farmers and 4-Hers booth. Dillan was also proud to be featured in a photo in the Essex Independent for baseball.

**Congratulations to Chase and Whitney Heinold who are the proud parents of a baby girl. Baby Gwen arrived June.**

**Please keep this young family in your prayers!**



## From Pastor Ann...*If you need me, I am here.*

**3 Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all consolation, 4 who consoles us in all our affliction, so that we may be able to console those who are in any affliction with the consolation with which we ourselves are consoled by God. 5 For just as the sufferings of Christ are abundant for us, so also our consolation is abundant through Christ.**

**2 Corinthians 1:3-5 (NRSV)**

Sometimes just having a listening ear helps solve a problem. We are

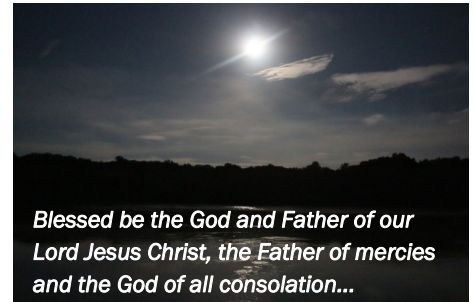
guided by the Bible to share each others burdens and to help one another.

I am available to listen and help if you are troubled, considering a life change, experiencing grief, or just need a sounding board. While SWIM covers a lot of territory, I am at the north end of SWIM on most Wednesdays and can meet with you at Bethesda or at St. John's. I am here for you.

The best way to contact me is my home phone 712-379-3332. If I'm

not home, leave a message and I'll return your call to set up a meeting. We can also talk over the phone if that is more convenient. Our conversation will always be confidential. If you need me, I am here.

Pastor Ann



*Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all consolation...*

## VBS (cont.)



*(Continued from page 1)*

Alicia Johnson, VBS coordinator wants to thank all the volunteer staff who helped this year. "The kids had a fun time and I hope they came away with a closer relationship with God and His son, Jesus," said Johnson. She also wants to thank the Women of the ELCA and the congregation for all their help in donations of all kinds. Also, a big thank you to Alicia for coordinating this year's event.



## Fremont Boys Attend Camp



Dillan Rydberg, son of Dave and Amy Rydberg, and Abram Livermore, son of Sarah Comstock and Joshua Livermore, recently at-

tended Lutheran Lakeside Camp in Okaboji. They were assisted with registration fees with donations from the Women of the ELCA and the Memorial Fund. Sarah Comstock reports that they had a great time. They went swimming, sailing, and even spent some time in the storm shelter as a tornado went through the area. Dylan said his favorite activity was swimming and Abram really liked the evening songs at the campfire.

**PLEASE KEEP IN YOUR PRAYERS...**Gwen Heinold, newly minted daughter of Chase and Whitney Heinold; Pastor Ann Albert and the members of the SWIM and Church Councils.

*In an effort to keep our prayer list current, names will remain on the list for 4 weeks. At that time they will be removed unless you have contacted Christy Walker (379-3319, brianchristywalker@gmail.com) or Pastor Ann (712-379-3332 or grace200062@yahoo.com) to ask that a name remain on the list and give an update on the person's well-being*

### **Upcoming Events**

July 3—Worship 8:30 AM with Pastor Ann Albert and the celebration of Holy Communion

July 6—SWIM Council Meeting 7:00 PM at Bethesda

July 7—Women of the ELCA Quilting 9:00 AM-3:15 PM in the Fellowship Hall

July 9—Trip to the Open Door Mission in Omaha, leave from Red Oak K-Mart parking lot 1:00 PM

July 10—Worship 9:45 AM at St. John's Lutheran for their 140th Anniversary Celebration, Bishop Rodger Prois

July 17—Worship 8:30 AM with Pastor Ann Albert

July 24—Worship 8:30 AM with Pastor Noel Kropp

July 28—Women of the ELCA Quilting 9:00 AM-3:15 PM in the Fellowship Hall

July 31—Worship 8:30 AM with Pastor Ann Albert

*You're Invited*

*St. John's Lutheran Church in Essex is celebrating their 140th*

*Anniversary on July 10. Worship will be at 9:45 AM with Bishop Rodger Prois delivering the message. A special musical program will follow worship at 11:00 AM. There will be a catered dinner at 12:00 PM and reservations are requested. Please contact Bob Anderson at 712-586-4538 or email bojo@myfmtc.com*

**Volunteer at the Open Door Mission**  
**Saturday, July 9, 2015**



Meet at the K-Mart Parking Lot at 1:00 PM to carpool to Omaha. Contact Pat Tillman 379-3395 or lptill@heartland.net so you don't get left. We will finish at 5:00 PM and volunteers are invited to enjoy a Dutch treat supper at a local restaurant.

## **July Food Pantry Ministry**



*Canned Fruit, Potato Flakes or Boxed Potatoes, Macaroni & Cheese, Sloppy Joe Mix (canned), Shampoo, Laundry Soap*

Donations given in July will be going to the Community Food Pantry in Shenandoah. The need is there. Please consider a donation!

*What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives others that will determine the significance of the life we lead.*

NELSON MANDELA

## **July Birthdays**

2nd—Chloe DeVries  
3rd—Richard Boeger  
4th—Mike Johnson  
5th—Kim (Boeger) Tarano  
6th—Brock Ripperger  
7th—Karen Mahr  
9th—Penny Johnson  
10th—Ciera Hoyt, Hunter McMann  
11th—Jacob Anderson  
17th—Brett Johnson  
19th—Joe Falk, Steve Falk  
22nd—JoAnn Hartstack  
23rd—Trent Tillman  
27th—Sarah (Walker) Ripperger  
30th—Robert Bishop, Jr.



## **Women of the ELCA Quilting**



**July 7 and 28**  
**9:00AM-3:15 PM,**  
**Fellowship Hall**  
Bring a sack lunch and sewing supplies. If you cannot make it by 9:00 AM come when you can.

# July 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Our Worship Time will change to 8:30 AM beginning on July 3. We will remain at 8:30 until July 2, 2017.</b></p>					1	2
<p><b>3</b> Worship 8:30 AM, Pastor Ann Albert and Holy Communion</p>	<p><b>4</b> </p>	<p><b>5</b></p>	<p><b>6</b> SWIM Council 7:00 PM at Bethesda</p>	<p><b>7</b> Women of the ELCA Quilting, 9:00 AM-3:15 PM, Fellowship Hall</p>	<p><b>8</b></p>	<p><b>9</b> Open Door Mission trip, leave Red Oak at 1 PM, </p>
<p><b>10</b> Worship 9:45 AM at St. John's Lutheran for their 140th Anniversary with Pastor Albert</p>	<p><b>11</b></p>	<p><b>12</b></p>	<p><b>13</b></p>	<p><b>14</b></p>	<p><b>15</b></p>	<p><b>16</b></p>
<p><b>17</b> Worship 8:30 AM, Pastor Ann Albert</p>	<p><b>18</b> </p>	<p><b>19</b> </p>	<p><b>20</b></p>	<p><b>21</b></p>	<p><b>22</b></p>	<p><b>23</b></p>
<p><b>24</b> Worship 8:30 AM, Pastor Noel Kropp</p>	<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p>	<p><b>28</b> Women of the ELCA Quilting, 9:00 AM-3:15 PM, Fellowship Hall</p>	<p><b>29</b></p>	<p><b>30</b> </p>
<p><b>31</b> Worship 8:30 AM, Pastor Ann Albert</p>	<p>happy national ice cream month!</p> 			<p>AIR CONDITIONING APPRECIATION DAYS JULY 3 - AUGUST 15</p>		

FREMONT LUTHERAN CHURCH  
PO Box 513  
Essex, IA 51638

Place  
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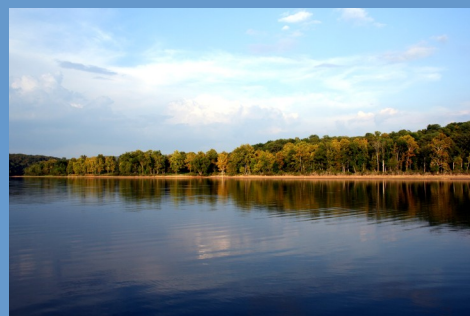
*Celebrating 146 Years!*

**We're on the web!**

**[www.swimwebsite.weebly.com](http://www.swimwebsite.weebly.com)**

Church Staff

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<b>Christy Walker—Bulletin and Newsletter</b>	379-3319
E-Mail: brianchristywalker@gmail.com	



FAITHFUL STEWARDS OF NYMAN

July

*Ushers: Rick Allen*

*Lector: Amy Rydberg*

*Communion Assistant: Elroy Blomberg*

August

*Usher: Dave Rydberg*

*Lector: Marian Durfey*

*Communion Assistant: Rick Allen*

**Worship Time Has Changed!**

**Sunday Worship 8:30 AM**